



## Activity Risk Waiver

<b>Walk/ Activity</b>		
<b>Leader</b>		<b>Date</b>

**VISITORS: Please also read important information on the reverse side**

In voluntarily participating in the activity referred to on this Risk Waiver form and described to me by the Activity Leader I am aware that my participation in this Activity may expose me to risk that could lead to injury, illness or death or to loss of or damage to my property. Those risks may include but are not limited to slippery and/or uneven surfaces, rocks being dislodged, falling at edges of cliffs or drops or elsewhere, risks associated with crossing creeks, hypothermia and heat exhaustion .....  
 ..... [Leader to insert any known additional risks]. To minimize these risks I have endeavoured to ensure that this activity is within my capabilities and I am carrying food, water and equipment and wearing clothing and footwear appropriate for this activity. I have advised the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in this activity. I do not believe that my medication or limitations will prevent me from successfully completing this activity. I will make every effort to remain with the rest of the party during the activity and accept the instructions of the leader of the activity. I have read or heard and understand these requirements. I have considered the risks before choosing to sign this Risk Waiver form. I still wish to join the activity. I agree by signing this form to waive any claim for damages arising from this activity that I may have against the club, the leader or other participants in tort or contract. My consent is binding on my estate.

<b>Adult name -In BLOCK LETTERS</b>	<b>M=Member V=Visitor</b>	<b>Signature</b>	<b>Mobile phone no.</b>	<b>Emergency contact name e.g. Next of Kin</b>	<b>Emergency contact phone no. e.g. Next of Kin</b>
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					
17.					
18.					

Child name In BLOCK LETTERS	A=Associate V=Visitor	Parent or guardian signature	Parent or guardian name	Note: The parent or guardian of a child visitor must complete a Parent/Guardian Risk Waiver form on behalf of their child
1				
2				
3				

### Important information for visitors

Each visitor participates in any activity of Sydney Christian Bushwalkers Inc as a temporary member. Temporary membership is permitted on a maximum of 3 activities, after which it is a requirement that you join the club in order to participate in any further activities. A visitor's email address or street address is required in case of potential accident insurance claims, and also to receive a complementary club newsletter. The club's newsletter, detailing the activity program, will be emailed to visitors for one year after their first walk.

Visitor name	Visitor email (Email addresses will not be passed on to a third party)	I would like to receive the club newsletter and email alerts about last minutes changes to the program (Please tick)
1		
2		
3		
4		

### Dealing with an injury

- If a member of the group sustains an injury the leader must ensure a first aid assessment is performed, preferably by someone possessing a first aid certificate.
- If the casualty is able to walk but unable to continue the activity, then a minimum of 2 people must escort the casualty home or to transport (whichever is appropriate). This may mean cancellation of the activity as a minimum of 3 people is allowed on a club bushwalk. Those going home and those continuing the bushwalk / activity should both have a map and compass.
- If the casualty is unable to continue walking, then at least one person should remain with the casualty. Send 2 people to get help if possible.
- If you are unable to move the casualty or it would be dangerous to do so, call **Triple Zero 000** and ask for the ambulance. In remote areas ask for the Police as they will need to coordinate a rescue. If the phone operator has difficulty understanding your bush location, ask to speak to the supervisor.
- Note that BSAR Bush Search and Rescue is not a first response emergency service and **Triple Zero 000** should always be your first point of contact. The Police will call BSAR if they are required to assist emergency services.
- **A PLB (Personal Locator Beacon) should be used as a last resort in life threatening situations only**, after you have attempted to contact the emergency services by other means.
- A committee member must be contacted on your return. An injury report should be emailed to the committee if medical attention has been required. Email [secretary@scb.org.au](mailto:secretary@scb.org.au)
- Inform the injured person that they need to consult the Bushwalking Australia website for a Claim Form and details on how to claim.

<http://www.bushwalkingaustralia.org/insurance/claims-and-enquiries>